

The *prime* guide to RSO



What is RSO?

RSO is a full extract cannabis oil designed for oral or topical use. Prime Wellness of Pennsylvania offers Pure RSO in a balanced THC/CBD blend (1:1) and a THC Blend (48:1). Prime RSO is produced using food-grade ethanol and a wide variety of *prime* whole flower strains in order to offer patients the maximum amount of healing potential.

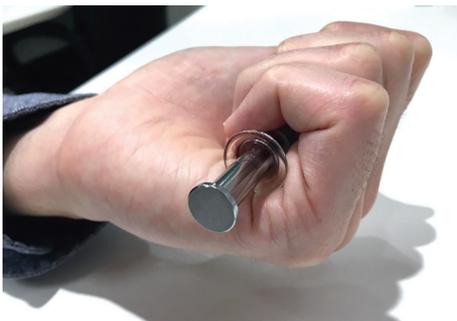
Which patients may be interested in RSO?

RSO is often used by patients who need a continued medical effect and symptom relief over a long period of time.

Ways to prepare RSO for usage

Due to the viscosity, or thickness, of RSO, it is **recommended** that the patient slightly warm the product before usage. This will aid all patients, especially those who struggle with dexterity, in ease of dosing.

Here are a few ways to do this:



1. Hold the RSO syringe in your hand for a few minutes.
2. Place the RSO syringe in a bowl of warm water taking care that the capped applicator side is submerged and the plunger side stays dry.
3. Place the capped applicator side of the RSO syringe under warm, running water making sure the plunger side stays dry.

For instructional purposes only.

PRIME WELLNESS OF PENNSYLVANIA

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Talk with your doctor about proper dosing

Patients should always consult with their treating physician about their individual medication regimen.

Cannabinoid profiles will vary, so it's important for patients and caregivers to read the posted ingredient labels for each product. A patient's dosing needs will vary depending on their individual tolerance and medical symptoms.

Here are some key questions to consider:

1. What's the proper dose? (It helps to ask for a visual reference like a ½ grain or full grain of rice.)
2. How frequently should I take RSO during the day?
3. How long should my regimen last?



Dispensing tip

It is important to stop pushing the RSO syringe plunger and pull it back before getting to the desired dosage because medicine will continue to dispense.

Cannabinoid calculator

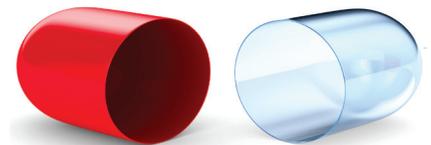
A grain of rice worth of RSO is approximately $\frac{1}{30}$ of a gram, meaning that a half a grain of rice worth of RSO is about $\frac{1}{60}$ of a gram.

CANNABINOID %	MG PER "GRAIN OF RICE"	MG PER "½ GRAIN OF RICE"
50%	16.70 mg	8.35 mg
55%	18.37 mg	9.19 mg
60%	20.04 mg	10.02 mg
65%	21.71 mg	10.86 mg
70%	23.38 mg	11.69 mg
75%	25.05 mg	12.53 mg
80%	26.72 mg	13.36 mg
85%	28.39 mg	14.20 mg
90%	30.06 mg	15.03 mg

This product is for medicinal use only. Women should not consume during pregnancy or while breastfeeding except on the advice of the practitioner who issued the certification and, in the case of breastfeeding, the infant's pediatrician. This product might impair the ability to drive or operate heavy machinery. Keep out of reach of children.

CULTIVATING BETTER LIVES

A few ways to consume RSO



1. Squeeze out your dose into an empty capsule and ingest orally.
2. Squeeze the oil onto a small piece of fruit and hold it in your mouth for a brief period before chewing.



3. Place the RSO drop under your tongue.



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